



Covid-19 Policy

Due to the ever-changing landscape of Covid-19, Bush Babes & Bro's Trail Running will be implementing the following policies for all Clinics and Events until further notice.

You will be unable to attend if any of the following are present

- Have you or anyone in your family traveled outside of Canada in the last 2 weeks?
- Have you or any persons you have come in close contact with in the last 2 weeks been diagnosed with Covid-19?
- Are you showing any signs of fever, cough, difficulty breathing, unusual headache or unusual sneezing?

Please adhere to the following guidelines during Events and Clinics

- Maintain personal distancing of 2 meters
- Where personal distancing is not feasible you will be required to bring and wear a mask
- Do not fart or blow or spit, use a tissue and dispose of it properly
- Sadly, no high 5's, hand shakes, hugs or contradictory back slaps
- Use hand sanitizer provided
- If you feel unwell in any way, please do not attend
- You will be asked a series of Covid-19 health questions before each clinic run or race.
- If you are concerned about your health and feel others in the clinic or events are putting you at risk, please do not attend for your own health and safety.

On behalf of the entire BB&Bro's Team, thank for your understanding and acceptance of our Guidelines and Policies.

Stay Healthy and Happy